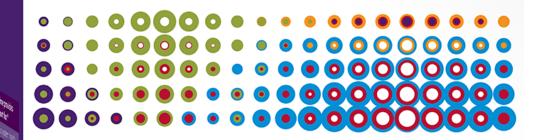
Staddardis Phillippi

Metagenics

Wellness Essentials N Women's Prime



DIETARY SUPPLEMENT

30 PACKETS



\$69.95

Beginning in early menopause, your body needs extra support for energy metabolism, heart health, and bone health. Wellness Essentials Women's Prime is formulated to target your unique nutritional needs to help you stay active and vital and maintain overall health.*

Each once-daily packet provides:

Multifaceted health support: PhytoMulti[®] is the "smart multi" with essential nutrients and a proprietary blend of 13 concentrated extracts and phytonutrients to help support cellular health.*

Bone density support: Bone Builder[®] with Magnesium goes beyond calcium with purity-tested MCHC—a complex crystalline compound composed primarily of calcium, phosphorus, trace minerals, and bone growth factors to help maintain healthy bone density.*

Bone remodeling support: Ostera[®], in combination with a healthy diet and exercise, has been clinically shown to beneficially influence key markers of bone remodeling more than diet and exercise alone.*

Heart health, mood, and overall health support: OmegaGenics[®] EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity.*

Serving size: 1 Packet Servings Per Container: 30

30 Packets

Product Information Sheet

Label & Supplement Facts +

Ingredients	Amount Per Serving	% Daily Value
Serving Size	1 Packet	
Servings Per Container	30	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%*
Vitamin A [50% from mixed carotenoids and 50% as	5,000 IU	100%
retinyl acetate]		
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg	100%
Vitamin D ₃ (as cholecalciferol)	1,900 IU	475%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Vitamin K (as phytonadione)	1,60 mcg	1,325%
Thiamin (as thiamin mononitrate)	12.5 mg	833%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide and niacin)	25 mg	125%
Vitamin B ₆ (as pyridoxine HCI)	12.5 mg	625%
Folate (as calcium L-5-methyltetrahydrofolate) [†]	400 mcg	100%
Vitamin B ₁₂ (as methylcobalamin)	100 mcg	1,667%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg	375%
Calcium (as microcrystalline hydroxyapatite concentrate	416 mg	42%
and dicalcium phosphate)		

/2019	Wellness Essentials® Women's Prime Metagenics, Inc.		
Phosphorus (as microcrystalline	hydroxyapatite	234 mg	23%
concentrate and dicalcium phosp	hate)		
lodine (as potassium iodide)		75 mcg	50%
Magnesium (as magnesium citra	te, magnesium	220 mg	55%
aspartate, and magnesium bis-gl	ycinate)		
Zinc (as zinc citrate)		7.5 mg	50%
Selenium (as selenium aspartate	e)	50 mcg	71%
Copper (as copper citrate)		0.5 mg	25%
Manganese (as manganese citra	ite)	0.25 mg	13%
Chromium (as chromium polynic	otinate)	100 mcg	83%
Molybdenum (as molybdenum as	spartate complex)	25 mcg	33%
Microcrystalline Hydroxyapatite	Concentrate (MCHC)	1 g	**
Berberine HCI (from Phellodendi	on amurense bark	180 mg	**
extract)		0	
Reduced Iso-Alpha Acids Compl	ex (from hops extract,	740 mg	
Humulus lupulus L.)	、	0	
Choline (as choline bitartrate)		12.5 mg	**
Inositol		12.5 mg	**
Lycopene		3 mg	**
Zeaxanthin		1 mg	**
Lutein		3 mg	**
Resveratrol (from Polygonum cu	spidatum root extract)	5 mg	**
Proprietary Phytonutrient Blend	of:	200 mg	**
Citrus bioflavonoid complex [st	andardized to 45%	-	
hesperidin], green coffee bean e	xtract [standardized to		
45% chlorogenic acid], pomegra	nate whole fruit extract		
[standardized to 21.6 mg gallic a	cid equivalents (GAE)],		
grape seed extract [standardized	to 90% polyphenols],		
blueberry (Vaccinium spp.) fruit e	extract [standardized to		
20% total polyphenols and 15% a	anthocyanins], green tea	a	
leaf extract [standardized to 60%	catechins and 40%		
EGCG], bitter melon fruit extract,	prune skin extract		
[standardized to 50% polyphenol	s], watercress aerial		
parts 4:1 extract, Chinese cinnar	non (<i>Cinnamomum</i>		
<i>cassia</i>) bark powder, Indian gum	Arabic tree bark and		
heartwood extract [standardized	to 6% catechins],		
rosemary extract [standardized to	o 7.6% min sum of		
carnosol+carnosic acid], artichok		g	
cynarin and chlorogenic acid]	-	-	
Marina Linid Concentrate		2 a	**

Marine Lipid Concentrate	2 g	**
EPA (Eicosapentaenoic acid)	600 mg	**
DHA (Docosahexaenoic acid)	400 mg	**

PhytoMulti:

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium chain-triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].

OmegaGenics EPA-DHA 500: